



Do I really need a Professional Geriatric Care Manager?

When considering engaging the services of a Professional Geriatric Care Manager, you should evaluate whether you have the time, inclination, knowledge, or skills to manage the multitude of challenges of geriatric care.

What can a Geriatric Care Manager do for us?

- Care management
- Counseling and support
- Coordination of home health care services
- Advocacy
- Professional referrals
- Senior housing placements
- Long-term care planning
- Family consultation

North Shore Geriatric Care Management is headed by Founder and Director Julie Fohrman, MA, a Gerontologist with twenty years of experience in the field. As head of North Shore Geriatric Care Management, Julie is committed to partnering with seniors and their families, laying the groundwork for the delivery of outstanding quality care and services, either in the home or in senior housing communities. North Shore Geriatric Care Management meets seniors and their families at the point of need and connects them with effective services, care and housing. North Shore Geriatric Care Management is a superior resource for advice, advocacy, referrals, resources and care management services that will maximize the quality of life and care for seniors.



Julie Fohrman, MA, Gerontologist
Founder and Director

NORTH SHORE GERIATRIC CARE MANAGEMENT

545 Broadview Avenue
Highland Park, Illinois 60035
Office: (847) 780-4733
Cell: (312) 953-4877

julie@northshoregeriatric.com
www.northshoregeriatric.com



Maximizing the Quality of Life for Seniors



NORTH SHORE GERIATRIC
CARE MANAGEMENT

What is a Geriatric Care Manager?

Geriatric Care Management professionals help older adults and their families develop solutions to the challenges of aging. They are expert problem solvers, skilled at providing options and making recommendations to support a client and his or her family in making informed decisions often times functioning as an advocate, liaison, and/or support system for them in a time of need.

Geriatric Care Managers are trained health-care professionals qualified to assess the biological, psychological and social needs of older adults. They formulate care plans and recommend appropriate resources and support to older adults and their families. Ongoing screening, monitoring and follow-up are provided to closely address any changes in the older adult's daily life.

The goal of North Shore Geriatric Care Management is to plan and manage the complex and changing needs of older adults and their families with the expectation of maximizing the highest quality of life.



Geriatric Care Management Services include:

- Comprehensive care plan assessments.
- Quality resources and referrals.
- Counseling and ongoing support.
- Senior housing placements to retirement, assisted living, skilled nursing and rehab facilities.
- Screen, coordinate and monitor in-home help and other services.
- Coordinate and communicate health care services between client, family and health care providers.
- Advocacy in hospitals and long-term care settings.
- Review financial, legal and medical issues in order to offer referrals to geriatric specialists and conserve assets.
- Liaison to families living at a distance, overseeing care, and quickly alerting families to potential problems.
- Emergency crisis management, intervention and support.
- Consumer education, counseling and support.
- Personalized services tailored to meet the varied and diverse needs of each client.

Accessibility and availability to clients and families after hours, and on weekends and holidays.

**NORTH SHORE GERIATRIC
CARE MANAGEMENT**

Questions you may wish to consider:

Are the problems that you or your loved ones face becoming larger and more complex than you can comfortably and realistically manage?

Are the demands and responsibilities becoming so great that you are not able to provide the desired level of supervision and attention to your loved one's problems and needs?



We welcome your inquiry about the needs of an older person who might benefit from our services. Please contact us for an initial complimentary consultation to discuss how we can effectively assist and support you and your loved one...

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